

Department of Management Studies

Lesson Plan: BBA DM			Semester :1	2025-26		
Course Name (Code) : Communication, Mediation and Resolution				Faculty : Ms. Chitrakashi Hooda		
Topics / lectures are arranged in sequence - same - as to be taught in the class. Maintain data related to "Date" in it						
S. No.	Lecture No	CO	Topic Description	Teaching Pedagogy	Planned	ce Material
1	1	1	Understanding oneself (Own SWOT Analysis)	Student's Participation	18 Aug	
2	2	1	Understanding oneself (Own SWOT Analysis)	Student's Participation	19 Aug	
3	3	1	Understanding oneself (self evaluation, ethics, values)	PPT	22 Aug	
4	4	1	Self- evaluation- Activity	Student's Participation	22 Aug	
5	5	1	Self- evaluation- Activity (Cont.)	Student's Participation	25 Aug	
6	6	1	Personality assessment	PPT	26 Aug	
7	7	1	Personality assessment - Activity	Student's Participation	29 Aug	
8	8	1	Johari window	PPT	29 Aug	
9	9	1	Johari window - Activity	Student's Participation	1 Sep	
10	10	1	Work life balance	PPT	2 Sep	
11	11	1	Work life balance - Activity	Student's Participation	8 Sep	
12	12	1	Stress management (Cont.)	PPT	9 Sep	
13	13	1	Time management	PPT	12 Sep	
14	14	1	Time management - Activity	Student's Participation	15 Sep	
15	15	1	Personality development	PPT	16 Sep	
16	16	1	Mindfulness	PPT	19 Sep	
17	17	1	Mindfulness - Activity	Student's Participation	19 Sep	
18	18	2	Problem-solving	PPT	22 Sep	
19	19	2	Creativity, and innovation	PPT	23 Sep	
20	20	2	Steps in analytical problem-solving	PPT	29 Sep	
21	21	2	Problem-solving- Activity	PPT	3 Oct	
23	23	2	Building positive interpersonal relationships	PPT	3 Oct	

24	24	2	Building positive interpersonal relationships- Activity	PPT	3 Oct	
25	25	2	Supportive communication	PPT	6 Oct	
26	26	2	Coaching and counselling	PPT	7 Oct	
27	27	2	Coaching and counselling - Activity	PPT	13 Oct	
28	28	2	Principles of supportive communication.	PPT	14 Oct	
29	29	3	Team building	PPT	17 Oct	
30	30	3	Types of team	PPT	17 Oct	
31	31	3	Team building - Activity	Student's Participation	24 Oct	
32	32	3	Managing conflict and diversity	PPT	24 Oct	
33	33	3	Managing conflict and diversity - Activity	Student's Participation	31 Oct	
34	34	3	Team effectiveness	PPT	31 Oct	
35	35	3	Leading team for high performance	PPT	3 Nov	
36	36	3	Leading positive change.	PPT	4 Nov	
37	37	4	Leadership and its types	PPT	7 Nov	
38	38	4	Characteristics of a leader	PPT	7 Nov	
39	39	4	leadership development	PPT	10 Nov	
40	40	4	Leadership games to understand leadership roles at various levels of	PPT	11 Nov	
41	41	4	Leadership - Activity	Student's Participation	14 Nov	
43	43		Presentation by Students	Student's Participation	14 Nov	
44	44		Presentation by Students	Student's Participation	17 Nov	
45	45		Presentation by Students	Student's Participation	18 Nov	
46	46		Presentation by Students	Student's Participation	21 Nov	
47	47		Presentation by Students	Student's Participation	21 Nov	

Course Outcomes (COs)

CO	Statement
1	Identify and foster self-capabilities for corporate readiness.
2	Learn the techniques of problem-solving and building positive interpersonal relationships.

3	Build teams and work in teams effectively.
4	Understand leadership styles and develop leadership qualities

Study Material / Books / Web-resources / Online Courses Links etc.

1	Wadkar, Alka. Life Skills for Success. Sage Publications.
2	Whetten, D.A, Cameron, K.S. Developing Management Skills. Prentice Hall
3	Hughes, R., Ginnett, R. and Curphy, G., Leadership: Enhancing the Lessons of Experience
4	A. Chandramohan, Leadership and management, Himalaya Publishing House
5	Bhargava & Bhargava, Team Building & Leadership, Himalaya Publishing House
6	Peter G. Northouse, Introduction to Leadership, Concepts & practices, Sage Publications

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